



# Bethany Covenant Alive Ministries Intl Bethesda Empowered to Heal



## The Romans Chapter 12 Challenge

This Chapter has been long regarded by many as the pivotal life-changing chapter in the Christian bible!

Receive this gladly into your hearts as it is given to you by the Holy Spirit! Joyfully give thanks with praise for his exceptional favour, love, and mercy to us all! There is no limit to power of a mind transformed after the fashion of the mind of Christ! It all leads to Christ-powered living day-by-day, living lives of purpose, direction, and fulfilment. So take this challenge and please share the miracle of transformation with others!  
Shalom...

### Note from the Apostle

Completing this challenge is essential. So try staying on schedule as much as possible! You will note that the readings cover 16 days. We have built in extra days (day 17 - 21) in case you miss a day or want to repeat a day.

**You may take this opportunity to enter into a 21 day fast as well.**

Be blessed and strengthened in His Grace...

### Reason for the Challenge

Transforming your mind → Romans Chapter 12:2 Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

### Mission for the Challenge

Romans Chapter 12:1 Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.

### Duration

This challenge is 20 days.

This challenge begins after SUNDOWN on SUNDAY January 9, 2021

### Process

Each day as you read a single verse → write down your thoughts about it  
At the end of the month we will review and share



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## Sample thoughts: Thanksgiving/ Praise/ Decrees/ Reflections

Where are you when you are writing this down?

How do you feel about this verse?

Are there any questions that you have after reading and praying on this verse?

Is there an opportunity for you to do any of the actions according to this verse?

How does Romans 12 affect life in your family?

How does Romans 12 affect relationships between church members?

How does Romans 12 bring about conflict resolution (resolve issues)?

How does Romans 12 affect public life and social relationships?

How does Romans 12 affect mental health?

## Writing Down - Journaling

We have provided pages for you to print off or you can use a notebook or pad that you have. It is highly recommended that you keep all of these entries together.

Check off each day after you have done the reading and writing and praying.

## Challenge Daily Readings:

### Thanksgiving/ Praise/ Decrees/ Reflections

Day 1 - **Romans Chapter 12:3** For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the faith God has distributed to each of you.

\_\_\_ Day 2 - Romans Ch 12:4-5

\_ Day 10 - Romans Ch 12:15

\_\_\_ Day 3 - Romans Ch 12:6-8

\_ Day 11 - Romans Ch 12:16

\_\_\_ Day 4 - Romans Ch 12:9

\_ Day 12 - Romans Ch 12:17

\_\_\_ Day 5 - Romans Ch 12:10

\_ Day 13 - Romans Ch 12:18

\_\_\_ Day 6 - Romans Ch 12:11

\_ Day 14 - Romans Ch 12:19

\_\_\_ Day 7 - Romans Ch 12:12

\_ Day 15 - Romans Ch 12:20

\_\_\_ Day 8 - Romans Ch 12:13

\_ Day 16 - Romans Ch 12:21

\_\_\_ Day 9 - Romans Ch 12:14



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## Example

Day 1 - Romans Chapter 12:3 For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the faith God has distributed to each of you.

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